

11:00am – 12:00pm

-Matt Shafer

1. Call to Order

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| <ul style="list-style-type: none">d. January - New Year, New You (Michael) - Strava walking challenge, research creating a club account & cost associated with that.e. February - Heart Health month (Stefanie)<ul style="list-style-type: none">i. Nursing students take blood pressuresf. March - Disconnect from social media (Kyle)g. April - Earth month (Kyle & Erica) campus clean-uph. May - Disc golf, weekly walks (All members)<ul style="list-style-type: none">i. Mental Health Awareness month | |
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6. Annual Initiatives

- a. Disc Golf update – Martin
- b. Green Certification
- c. Monthly Walks & Activities
- d. Goals sent to College Council